

Wholesome Recipes

from the **Amazing Wheat Book**
by LeArta Moulton



Herbed Seasoning Salt 1

In a bowl, combine 1 C salt and 1 tsp each of dried parsley, chives, onion flakes, and summer savory. Store the salt in an airtight container and use it for roll or bread dough and to season salads.

Herbed seasoning Salt 2

Mix together in a jar:

1 tsp each: garlic powder, onion powder, and pepper

1 T each: thyme leaves and salt

2 T each: marjoram, oregano, and rosemary leaves

2 T each: basil and parsley flakes

3 T sesame seed.

Secure lid and shake until well blended. Makes 1 cup.

****Use this seasoning salt to make a quick herb-garlic bread or sprinkle it lightly on chicken, lean white fish, omelets, or vegetables before cooking.***