

Wholesome Recipes

from the *Amazing Wheat Book*

by LeArta Moulton



Italian Seasoning Mix

4 T oregano leaves
4 T rosemary, crumbled
2 T marjoram, ground
2 T basil leaves
2 T thyme, whole
1/2 tsp rubbed sage
1 tsp garlic powder
1/2 - 1 tsp anise seed

Mix and crush all ingredients together. Shake before using.

Makes 1 cup.