

Wholesome Recipes

from the *Amazing Wheat Book*

by LeArta Moulton



Onion Soup Mix

- 1/2 C instant vegetable or beef bouillon granules without MSG
- 1 C Instant dry minced onion
- 1 1/2 T onion powder

Mix together and store. Makes about 3 Cups.

Dry Onion Soup Mix

Similar to Lipton's Onion Soup Mix. Makes 1 pint = 4 envelopes

- 7 oz Beef bouillon Powder
- 1/2 tsp pepper
- 1 cup dried minced onion
- 1/2 cup onion powder
- 1/4 cup parsley flakes
- 1/8 cup onion salt
- To Use: 1/4 cup = 1 envelope

You can make your own onion powder by blending dry onions until it is reduced to a fine powder. Store in labeled containers.