

# Wholesome Recipes

from the *Amazing Wheat Book*  
by LeArta Moulton

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## Ranch Dressing

- 1 C mayonnaise
- 1 C buttermilk
- 2 T finely chopped green onion, tops only
- 1/4 tsp onion powder
- 1/4 tsp garlic powder or 1 garlic clove, finely minced
- 2 tsp minced parsley
- 1/4 tsp paprika
- 1/8 tsp cayenne pepper
- 1/4 tsp salt
- 1/4 tsp black pepper

Combine, cover and refrigerate.

**Makes 2 cups.**

## Ranch Dressing Mix

***Mix together:***

- 1/2 C black pepper
- 1/2 C salt
- 1/2 C dillweed
- 1/2 C garlic powder

Stir together well. Place in labeled container and store at room temperature.

## Quick Ranch Dressing

Add 1–2 T of the Ranch Dressing Mix (page 93) to 1 cup Mayonnaise and 1 cup buttermilk.