

Wholesome Recipes

from the *Amazing Wheat Book*

by LeArta Moulton



Whole Wheat Biscuits

Preheat oven to 400°

Mix together until crumbly:

2 1/2 C whole wheat flour

2 tsp baking powder

3 T honey

3/4 C cold butter

Add:

1 C buttermilk or milk

Bake in greased muffin tins or drop on cookie sheet
for 20 minutes at 350° Makes 12-16 biscuits.